Mystery
Rehabilitation

- is key for optimizing healthy life expectancy;
- is key for reducing disability and optimizing functioning associated with chronic conditions;
- is effective in improving clinical outcomes;
- is cost effective;
- makes a huge difference in people’s lives;
- ...

**Rehabilitation**

**is key for optimizing healthy life expectancy**


**is key for reducing disability and optimizing functioning associated with chronic conditions**


**is effective in improving clinical outcomes**


Rehabilitation is cost effective; makes a huge difference in people’s lives;

References in:


• National Institute for Health and Clinical Excellence (Great Britain). Occupational therapy interventions and physical activity interventions to promote the mental wellbeing of older people in primary care and residential care. NICE, 2008.


Political Priority
Health Policy

Generation of political priority for global health initiatives: a framework and case study of maternal mortality
Jeremy Shiffman, Stephanie Smith

Can frameworks inform knowledge about health policy processes? Reviewing health policy papers on agenda setting and testing them against a specific priority-setting framework.

Gill Walt, Lucy Gilson

Health Policy Plan. 2014 Dec;29 Suppl 3:iii6-22
Global political priority depends on...

• **Topic characteristics**
  • Features of the topic (Relevance, credible indicators, and effective interventions)

• **Political Context**
  • Policy windows

• **Ideas**
  • Cohesion in the ways in which those involved with the topic portray it

• **Actor Power**
  • Stakeholders cohesion with strong leadership
Sustainable Development Agenda

1. NO POVERTY
2. ZERO HUNGER
3. GOOD HEALTH AND WELL-BEING
4. QUALITY EDUCATION
5. GENDER EQUALITY
6. CLEAN WATER AND SANITATION
7. AFFORDABLE AND CLEAN ENERGY
8. DECENT WORK AND ECONOMIC GROWTH
9. INDUSTRY, INNOVATION AND INFRASTRUCTURE
10. REDUCED INEQUALITIES
11. SUSTAINABLE CITIES AND COMMUNITIES
12. RESPONSIBLE CONSUMPTION AND PRODUCTION
13. CLIMATE ACTION
14. LIFE BELOW WATER
15. LIFE ON LAND
16. PEACE AND JUSTICE STRONG INSTITUTIONS
17. PARTNERSHIPS FOR THE GOALS
Goal 3

Ensure healthy lives and promote well-being for ALL at ALL ages
Universal Health Coverage

Health

Sustainable Development
• Provision of **quality, essential services** for
  • Health promotion,
  • Prevention,
  • Treatment,
  • **Rehabilitation** and
    • palliation
  according to need
• Protection from **financial hardship**
IDEAS

Internal frame

the degree to which the policy community agrees on the definition of, causes of, and solutions to the topic

External frame

public portrayals of the topic in ways that resonate with external audiences, especially the political leaders who control resources
**Actor Power = 6**

**Policy community cohesion**

Degree of coalescence among the network of individuals and organizations that are centrally involved with the issue at the global level

**Leadership**

Presence of individuals capable of uniting the policy community and acknowledged as particularly strong champions for the cause

**Guiding institutions**

Effectiveness of organizations or coordinating mechanisms with a mandate to lead the initiative

**Civil society mobilization**

Extent to which grassroots organizations have mobilized to press international and national political authorities to address the issue at the global level
Disintegration
REHABILITATION 2030
a call for action

#rehab2030

Universal Health Coverage

- Provision of quality, **essential services** for
  - Health promotion,
  - Prevention,
  - Treatment,
  - **Rehabilitation** and
  - palliation
- according to need

- Protection from **financial hardship**
Strengthening the Health System

Governance and leadership
Essential medicines and technologies
Financing
Health workforce
Health information system

Rehab integrated in health services
Call for Action

1. Creating strong leadership and political support for rehabilitation at sub-national, national and global levels.

2. Strengthening rehabilitation planning and implementation at national and sub-national levels.

3. Improving integration of rehabilitation into the health sector to effectively and efficiently meet population needs.


5. Building comprehensive rehabilitation service delivery models to progressively achieve equitable access to quality services, including assistive products, for all the population.

6. Developing a strong multidisciplinary rehabilitation workforce that is suitable for country context, and promoting rehabilitation concepts across all health workforce education.

7. Expanding financing for rehabilitation through appropriate mechanisms.

8. Collecting information relevant to rehabilitation to enhance health information systems utilizing the International Classification of Functioning, Disability and Health (ICF).

9. Building research capacity and expanding the availability of robust evidence for rehabilitation.

10. Establishing and strengthening networks and partnerships in rehabilitation, particularly between low-, middle- and high-income countries.
Strengthening the Health System

1. Governance and leadership
2. Financing
3. Essential medicines and technologies
4. Health information system
5. Health workforce
6. Integrated in health services

Rehab
Strengthening the health system and its stewardship role we strengthen rehabilitation as a whole
Rehabilitation
Investing in rehabilitation is investing in health
Rehabilitation targets the optimization or maintenance of health and what we do with our health in everyday life, ... 

... seeing, hearing, thinking, moving around, having relationship and working ...
Health

and

functioning

it’s instrumental value
1. For **ALL** with health conditions experiencing limitations in functioning

2. Across the **life span**

3. Along the **continuum** of care

4. **Investment** in health

5. Through strengthening the **health system**
The International Classification of Functioning, Disability and Health
WHO’s strategy on the collection, analyses and reporting of functioning data at all levels of the health system
Goal 3

Ensure healthy lives and promote well-being for ALL at ALL ages
Universal Health Coverage

- Reduce non-covered
- Reduce cost sharing and fees
- Include other services

Costs to be covered:

Population to be covered:

$$$$
Package of Rehabilitation Interventions
WHY?

Package of Rehabilitation Interventions

• Essential for low-resource countries in particular to move towards UHC

• Provide a starting point to build on (progressive realization)

• Ensure rehabilitation interventions are delivered based on population needs, not factors such as:
  • Professional’s scope of practice
  • Visibility of certain conditions
  • The priorities of development partners or funding bodies
Package of Rehabilitation Interventions

- Workforce
- Equipment & consumables
- Assistive products
- Infrastructure

Tertiary
National, Referral hospitals
Specialist centres

Secondary
District hospitals

Primary
Clinics, health centres

Community
Homes, schools, workplaces

$
Ready in 2020
Countries need to know:

- Where am I?
- Where I want/need to be?
- How do I get there?
<table>
<thead>
<tr>
<th>FOUR-STEP PROCESS</th>
<th>ACCOMPANYING TOOLS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Determine situation</td>
<td>Standard Assessment of Rehabilitation (STAR)</td>
</tr>
<tr>
<td>2. Develop rehabilitation strategic plan</td>
<td>Guidance for Rehabilitation Strategic Planning (GRASP)</td>
</tr>
<tr>
<td>3. Establish rehabilitation monitoring framework and evaluation and review processes</td>
<td>Framework for Rehabilitation Monitoring and Evaluation (FRAME)</td>
</tr>
<tr>
<td>4. Implement</td>
<td>Action on Rehabilitation (ACTOR)</td>
</tr>
</tbody>
</table>
44 countries
Rehabilitation: the health strategy for the 21st century

Really?
not yet
WE will get there
Alarcos Cieza, MSc, MPH, PhD
World Health Organization
Avenue Appia 20
1211 Geneva 27
Switzerland

Email: ciezaa@who.int
Website: http://www.who.int/rehabilitation